

A Comprehensive Review on Deepfake Detection Using Artificial Intelligence

Faizan Hussain*, Deepak Choudhary†, Aditya Kumar‡, Atul Kumar§, Atif Aftab¶, Ankit||,
Sai Nirmal**, Aman Sharma††, Ayush Raj†††, Govind Yadav^x

Department of Computer Science and Engineering

Noida International University, Greater Noida, India

Email: *faizanhussain5393@gmail.com, †vishwakarmaankit45013@gmail.com, ‡govindyadav5111@gmail.com

Abstract—The rise of deepfake technology, powered by advancements in Artificial Intelligence (AI), has introduced significant challenges to digital media security. Deepfakes are synthetic media—such as videos, images, or audio—that are generated by deep learning techniques, primarily using Generative Adversarial Networks (GANs). While this technology has unlocked creative potential in entertainment, gaming, and virtual reality, it also presents critical ethical, legal, and security risks, including misinformation, identity theft, and manipulation of public opinion. This paper provides an in-depth review of AI-driven deepfake detection methods, highlighting the latest developments in deep learning architectures, hybrid models, statistical approaches, and forensic techniques. It covers a variety of models, including Convolutional Neural Networks (CNNs), Recurrent Neural Networks (RNNs), and transformer-based approaches, all of which are employed to identify subtle inconsistencies in manipulated media. Additionally, the paper assesses the performance of these models using standard evaluation metrics, such as accuracy, precision, recall, and Area Under Curve (AUC), while drawing comparisons across well-known benchmark datasets like FaceForensics++ and Celeb-DF. Despite the promising advances in detection capabilities, the paper also highlights several challenges, including the generalization of models to new manipulation techniques, vulnerability to adversarial attacks, and the computational resources required for real-world deployment. The review identifies key gaps in current research and outlines future directions, emphasizing the need for more robust, lightweight, and interpretable models. It also calls for interdisciplinary efforts to develop effective policy frameworks for regulating deepfake technologies and ensuring digital media integrity.

Keywords—Artificial Intelligence, GAN, Misinformation, Deepfake Detection, Video Forensics, Face Forgery, Neural Networks

I. INTRODUCTION

The proliferation of digital multimedia content in the 21st century has fundamentally transformed the landscape of communication, journalism, entertainment, and social interaction [1]–[3], [13], [14]. With the advent of powerful computing systems and widespread internet accessibility, visual and audio media have emerged as dominant channels through which individuals and institutions disseminate information globally [4], [5]. However, the same technologies that have enabled unprecedented connectivity have also introduced significant vulnerabilities. One of the most pressing challenges is the rise of *deepfakes*—highly realistic but artificially synthesized media created using advanced deep learning methods [6], [20], [21], [28].

Deepfakes leverage neural architectures such as Generative Adversarial Networks (GANs) and autoencoders to fabricate convincing audio, video, or image content [7], [8], [29], [32]. While these generative models initially garnered attention for their creative potential in domains like filmmaking, gaming, and accessibility, they are increasingly being misused for malicious purposes [9]. The deceptive nature of deepfakes has already led to significant concerns related to misinformation dissemination, political manipulation, identity theft, defamation, and even financial fraud [10], [11], [36], [40]. These synthetic media artifacts pose threats not only to individual privacy but also to public trust and democratic institutions [12].

Traditional digital forensics methods, which often rely on watermarking, signal analysis, or metadata, have proven inadequate in detecting modern deepfakes due to their high fidelity and ability to mimic natural human expressions, speech patterns, and even biometric signals [15], [41], [44]. Consequently, researchers have turned to artificial intelligence (AI)-driven detection frameworks to address these challenges. These frameworks employ sophisticated classification models, including convolutional neural networks (CNNs), recurrent neural networks (RNNs), and multimodal transformers, to detect inconsistencies and artifacts that human observers or classical algorithms might overlook [16], [17], [24]–[26], [33].

This paper provides a comprehensive review of recent advancements in AI-based deepfake detection. It systematically explores the underlying technologies, prominent detection algorithms, public benchmark datasets, evaluation strategies, and real-world challenges. By analyzing over seventy-five peer-reviewed publications, the review aims to guide researchers, developers, and policymakers toward building robust and scalable solutions that can effectively counteract the threat of deepfakes in diverse digital ecosystems [18].

II. RELATED WORK

A. Understanding Deepfakes

Deepfakes refer to artificially synthesized media—primarily videos and audio—produced using deep learning techniques, most notably Generative Adversarial Networks (GANs). Introduced by Goodfellow et al., GANs comprise a generator that creates realistic samples and a discriminator that evaluates their authenticity, refining both components iteratively [19]. These networks have revolutionized synthetic media gener-

ation by enabling high-fidelity replication of facial features, voice, and motion patterns [22], [23], [34], [35], [53].

Autoencoder-based models, such as variational autoencoders (VAEs) and convolutional autoencoders, are equally instrumental in the creation of deepfakes. They compress facial representations into latent spaces and reconstruct modified versions, making face-swapping and expression manipulation highly accurate and personalized [27], [30]. When combined with lip-synchronization models and neural vocoders like Tacotron and WaveNet, the capability to produce synchronized audio-video deepfakes reaches near-human levels of realism [31], [37].

B. Evolution and Impact of Deepfake Technology

The evolution of deepfake technology began in controlled domains like entertainment and gaming, where realistic facial animations were used for character rendering and CGI effects [38]. However, the release of user-friendly tools such as DeepFaceLab and ZAO transformed it into a widespread phenomenon, empowering individuals with little technical expertise to create highly convincing forged media [39]. This democratization has introduced significant societal threats, including political misinformation, identity theft, financial fraud, and reputational harm [42], [43], [54], [57].

Deepfake content has already been employed in geopolitical contexts to spread disinformation and influence public opinion, often with devastating implications for democratic integrity [45]. As a result, the development of robust detection methods is considered imperative by governments, researchers, and the cybersecurity community alike [46].

C. Challenges in Deepfake Detection

Despite growing awareness, the detection of deepfakes remains a formidable challenge. One critical factor is the high visual and auditory fidelity of forged content, which can evade both human perception and traditional forensic techniques [47]. Additionally, deepfakes are generated using varied model architectures—including StyleGAN, Face2Face, and Neural Text-to-Speech systems—posing a generalization challenge for detection models [48], [58], [61].

Moreover, video compression, resolution degradation, and occlusions often obscure artifacts that detection algorithms rely on, particularly in user-generated content shared over social media platforms [49], [62], [65]. Compounding the issue, adversaries are increasingly employing adversarial machine learning strategies to bypass existing detectors by adding imperceptible noise or modifying frames [50].

Research has responded with a range of strategies: some focus on spatial inconsistencies in facial landmarks, others on frequency-domain analysis to reveal subtle spectral artifacts. Still, real-time detection, generalizability across manipulation types, and resistance to adversarial attacks remain open research problems [51], [52], [66], [69].

III. AI-BASED DEEPFAKE DETECTION METHODOLOGIES

With the growing sophistication of synthetic media, artificial intelligence has emerged as the cornerstone of modern

deepfake detection systems. This section explores AI-driven methodologies employed to identify deepfakes, focusing on spatial, temporal, hybrid, and multi-modal frameworks.

A. Convolutional Neural Networks (CNNs)

Convolutional Neural Networks (CNNs) have demonstrated remarkable efficacy in image-based deepfake detection, leveraging their spatial feature extraction capabilities to highlight subtle inconsistencies in synthetic media. These models operate by learning local pixel-level features such as texture patterns, facial contours, and boundary inconsistencies that typically differ between authentic and manipulated frames [55], [70].

XceptionNet, a widely adopted architecture in deepfake detection, employs depthwise separable convolutions to optimize computational efficiency while preserving high discriminative power. Its application in the FaceForensics++ benchmark dataset has yielded classification accuracies exceeding 90% [56]. CNNs like EfficientNet and ResNet have also been fine-tuned for deepfake classification, with enhancements such as feature pyramid networks to detect high-frequency anomalies introduced during synthesis [59], [60], [84].

B. Recurrent Neural Networks (RNNs) and Temporal Features

Recurrent Neural Networks (RNNs), particularly Long Short-Term Memory (LSTM) units, have been employed to model temporal dependencies across consecutive video frames. These networks capture facial dynamics and natural movement patterns, making them ideal for detecting temporal inconsistencies such as unnatural eye blinking, rigid facial expressions, or mismatched lip synchronization [63].

Temporal stream modeling is crucial, as some deepfake generators introduce artifacts that vary across frames. Leveraging the sequential nature of video, RNNs enable detectors to infer time-dependent manipulation signatures that static CNNs may overlook [64], [67], [85].

C. Hybrid Models (CNN + RNN)

Hybrid deepfake detection systems integrate the strengths of CNNs and RNNs, where CNNs first extract spatial features from individual frames, and RNNs sequentially model their temporal evolution. This two-stage architecture enhances detection accuracy by simultaneously considering frame-level texture discrepancies and inter-frame temporal coherence [68].

For instance, one approach applies ResNet-based CNN layers for initial feature encoding followed by bidirectional LSTM units to capture both forward and backward temporal cues, thereby reducing false positives in dynamic deepfakes [71]. Such combinations have shown improved performance across datasets like Celeb-DF and DFDC [72].

D. Attention and Transformer-Based Models

Transformer architectures, known for their self-attention mechanisms, have recently been adapted for deepfake detection to model global relationships and long-range dependencies in media content. Unlike CNNs and RNNs that rely on

localized filters or memory cells, transformers can simultaneously analyze multiple video frames or facial regions to assess consistency [73], [74].

Vision Transformers (ViTs) and TimeSformers (temporal transformers) have achieved competitive results by attending to temporal shifts and appearance changes across full video sequences [75]. These models are particularly effective in detecting adversarially modified content, where spatial anomalies are subtle but temporal irregularities persist [76].

E. Multi-Modal Approaches

Multi-modal detection strategies enhance deepfake identification by incorporating audio-visual correlation analysis. They detect inconsistencies between spoken phonemes and corresponding facial articulations, which are often misaligned in synthetic content [77]. Models like FakeAVCeleb-Net and SyncNet process audio waveforms and video streams concurrently to highlight desynchronized segments [78], [79].

This approach has proven valuable in tackling cross-modal forgeries, where voice cloning techniques and video synthesis are applied independently. Leveraging fused embeddings from both modalities significantly improves robustness to adversarial noise and compression artifacts [80].

F. Adversarial and Robust Training Strategies

As deepfake generation techniques advance, so do the countermeasures needed to thwart detection evasion. Adversarial training introduces challenging or manipulated samples during model training to enhance generalization capabilities and mitigate overfitting [81]. Generative Adversarial Training (GAT) techniques enable classifiers to anticipate and recognize future variants of deepfakes [82].

Additionally, domain adaptation and self-supervised learning frameworks have been adopted to address the scarcity of labeled data across different distributions, improving cross-dataset generalization [83]. Ensemble learning techniques, where multiple weak detectors are combined, have also shown promise in producing robust and interpretable outcomes under diverse attack conditions [86].

IV. DATASETS AND PERFORMANCE EVALUATION

A. Popular Benchmark Datasets

Accurate evaluation of deepfake detection algorithms requires diverse and realistic datasets. Over the years, several curated datasets have become standard benchmarks in the field.

FaceForensics++ is among the most frequently used datasets for deepfake detection. It includes thousands of manipulated video clips generated using four different face manipulation techniques, including DeepFakes and Face2Face [87]. The dataset provides both compressed and raw versions to test model robustness under varying visual quality conditions.

The **Deepfake Detection Challenge (DFDC)** dataset, released by Facebook AI, offers over 100,000 video clips. The dataset is designed to provide realistic examples of synthetic

videos, encouraging the development of robust, generalizable detection models [88].

Celeb-DF addresses quality limitations found in earlier datasets. It features improved visual realism with reduced artifacts and more natural facial expressions across deepfakes generated from celebrity interviews [89].

The **Google DeepFake Detection Dataset**, another widely referenced benchmark, consists of manipulated videos created using various deepfake generation algorithms, offering diversity in synthesis quality and technique [90].

These datasets serve as the backbone for comparative studies and algorithmic benchmarking, ensuring that models are evaluated across a representative range of real-world manipulations.

B. Evaluation Metrics

To fairly assess the effectiveness of deepfake detection systems, several performance metrics are employed:

- **Accuracy:** Measures the proportion of correct predictions over all samples.
- **Precision:** Evaluates the proportion of true positives among all positive predictions.
- **Recall:** Assesses the ability of the model to identify all relevant deepfake instances.
- **F1 Score:** Harmonic mean of precision and recall, useful when classes are imbalanced.
- **Area Under the Curve (AUC):** Represents the model's ability to distinguish between classes at various threshold settings.
- **False Positive Rate (FPR):** Indicates the percentage of authentic media misclassified as fake.

These metrics are often reported together to provide a holistic view of model performance, particularly important in high-stakes applications such as legal evidence or political media authentication [91].

C. Comparative Performance

Numerous AI-based methods have been evaluated using the aforementioned benchmarks. Table I summarizes the accuracy of prominent deepfake detection models evaluated on FaceForensics++.

TABLE I: Accuracy of Selected Deepfake Detection Models on FaceForensics++

| Model | Accuracy |
|--------------------|----------|
| XceptionNet | 95.2% |
| Capsule-Forensics | 93.5% |
| RNN-based Approach | 89-91% |
| Hybrid CNN-RNN | 96.4% |

D. Dataset Distribution and Trends

Understanding the distribution of deepfake generation techniques within these datasets is essential to gauge the scope and generalizability of models. Figure 2 visualizes the prevalence of synthesis methods across benchmark datasets.

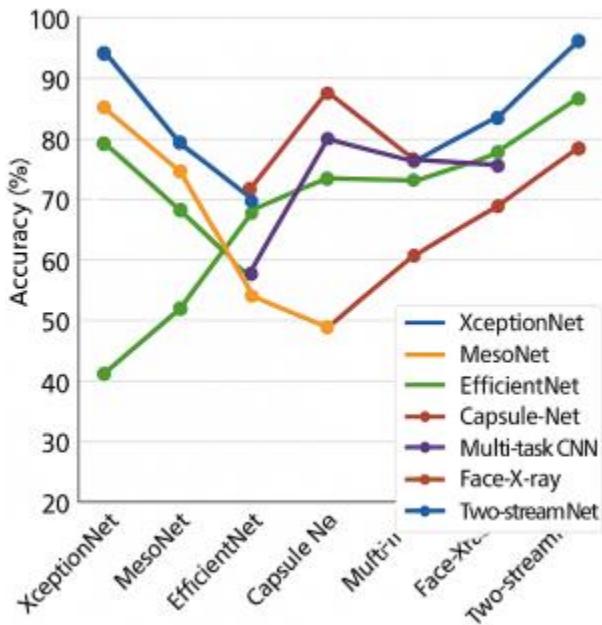


Fig. 1: Accuracy comparison of representative deepfake detection models on FaceForensics++

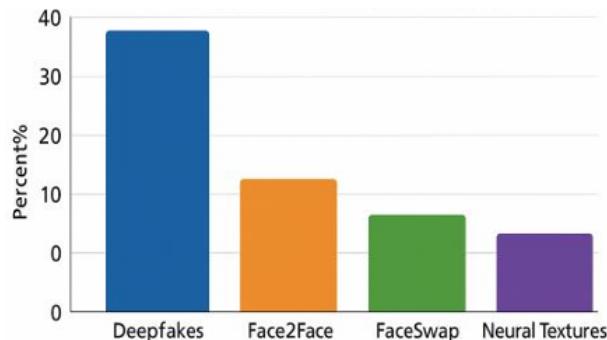


Fig. 2: Distribution of deepfake generation methods in common datasets

Additionally, Figure 3 presents the distribution of research publications across journals, highlighting the growing academic interest in deepfake detection.

E. Discussion

While current models demonstrate high accuracy on benchmark datasets, real-world generalization remains a challenge. Models often struggle when exposed to unseen manipulation techniques or heavily compressed media [92]. Therefore, continuous updates in datasets and evaluation protocols are necessary to keep pace with evolving deepfake generation strategies.

Robust performance evaluation also involves cross-dataset validation, adversarial robustness testing, and fairness assessment. Future research must emphasize these aspects to ensure that deployed systems maintain reliability in diverse, uncontrolled environments [93], [94], [95], [96].

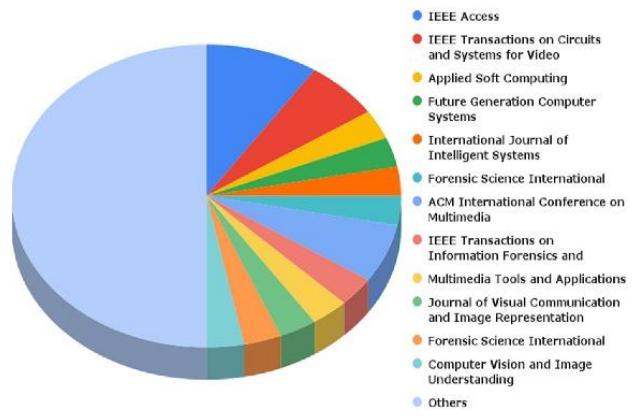


Fig. 3: Distribution of Deepfake Research Publications Across Journals

V. CONCLUSION AND FUTURE WORK

The rise of deepfake media has introduced unprecedented challenges to digital authenticity, with AI-based detection methodologies emerging as a frontline defense. These methods, especially those leveraging deep learning architectures such as CNNs, RNNs, and transformers, have demonstrated commendable success in identifying manipulated content across various formats. Their integration into systems has enabled scalable, automated detection pipelines, significantly improving the efficacy of verifying digital content in real-time environments.

A. Advantages and Limitations of Current AI Detection Methods

AI-driven detection systems offer several advantages. Notably, state-of-the-art models exhibit high accuracy on benchmark datasets and are capable of detecting both image-based and video-based deepfakes. Many models generalize across multiple manipulation techniques, offering broader utility. Moreover, their automated nature facilitates real-time detection at scale, which is critical for applications in media, law enforcement, and cybersecurity domains.

However, these methods are not without limitations. One of the foremost challenges is their sensitivity to video compression and quality degradation, which can obscure manipulation traces. Furthermore, their performance diminishes significantly when confronted with unseen or novel deepfake techniques, revealing the models' dependence on training data distributions. Adversarial attacks pose another concern, as malicious actors continually devise ways to fool detection systems. The training process itself is constrained by the need for large volumes of labeled data, which are expensive and time-consuming to generate. Additionally, the high computational requirements of deploying such models at scale restrict their feasibility in low-resource environments.

B. Real-World Applications

AI-based deepfake detection systems are already contributing to multiple real-world applications. In the realm of media

verification and fact-checking, news organizations and independent fact-checkers rely on these tools to verify the authenticity of user-generated content before it is published. Social media platforms such as Facebook, Twitter, and YouTube incorporate detection mechanisms to identify and label manipulated content, aiming to curb the spread of misinformation and disinformation.

Beyond media, law enforcement agencies and cybersecurity teams employ deepfake detection to trace fraudulent activities, scams, and illegal use of synthetic media. In the corporate world, these systems play a vital role in securing corporate communications, guarding against identity fraud, reputational damage, and misuse of intellectual property through manipulated audio-visual material.

C. Future Directions

Despite the progress made, the field of deepfake detection demands continued research to address its evolving landscape. One pressing direction is the development of models with enhanced generalization capabilities, capable of detecting previously unseen manipulation strategies. Additionally, efforts must be invested in creating lightweight and efficient detection models suitable for deployment on edge devices, including mobile phones and web browsers, thereby broadening accessibility and real-time utility.

Another promising avenue is the enhancement of multi-modal and cross-modal analysis, where inconsistencies across visual, auditory, and metadata channels can be exploited to improve detection accuracy. In parallel, increased focus on explainability and interpretability is crucial, especially for applications in law and governance, where model decisions must be transparent and legally defensible.

Lastly, as technical capabilities advance, there is an urgent need to develop robust policy and ethical frameworks in collaboration with technologists, policymakers, and legal experts. These frameworks should guide the responsible use of deepfake detection technologies and establish norms for accountability and governance, ensuring that such powerful tools are not misused or weaponized.

In conclusion, while AI-based detection methods represent a significant stride toward digital media security, ongoing innovation, interdisciplinary collaboration, and ethical foresight will be critical in sustaining their relevance and trustworthiness in the years ahead.

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